

2012 NYSCHA Outstanding Student Awards

2012 NYSCHA OUTSTANDING STUDENT AWARD

Shuang Liang
University at Albany, SUNY

Shuang Liang, an international student from Shanghai, China, has served as an outstanding peer educator within the Middle Earth Peer Assistance Program since her arrival at the University. This past year, Shuang also served as Vice President of the group. She has worked on University-wide projects and Presidential Committees and was selected to represent the broader undergraduate student body as an international student leader. This past year, Shuang established a linkage with a visiting scholar from Peking University which, in turn, led to formal collaborative efforts to bring best practices from the University of Albany's peer education program to colleges and universities in Beijing, China. As a result, a delegation of 11 university leaders from China visited the University of Albany to observe the peer education program. Her nominator writes, "In my twenty years of service as the Middle Earth program director, I have never seen such care, thoughtfulness, and courage from an undergraduate student leader. Shuang truly exemplifies the integrity, balance, and conviction that we as faculty members and program directors would all hope to have in our student leaders." NYSCHA concurs: Congratulations, Shuang!



Shuang Liang and M. Dolores Cimini



Christine Bouchard, Shuang Liang, M. Dolores Cimini, and Savannah

2012 NYSCHA OUTSTANDING STUDENT GROUP AWARD

Active Minds

University of Rochester Chapter

The members of the Active Minds chapter at the University of Rochester have worked tirelessly to reduce the stigma surrounding mental illness and to increase mental wellness on campus. The group, which was formed four years ago, enjoyed a particularly successful year during 2011 - 12. The chapter held weekly meetings open to the campus community focusing on discussion topics related to mental health. Additionally, the chapter sponsored a number of wonderful activities for the campus throughout the year including the "Paws for Stress Relief" programs several times during the year, an educational program about light therapy during the UR Winterfest in February, mental health screenings in October and February, the Active Minds Film Series in March and the first ever art show, "The heART of Disorder," at the end of the academic year. According to the group's nominator, "The University of Rochester Active Minds chapter is an outstanding student group. The chapter has seen what a small group of passionate, committed students can accomplish when they share a common goal and work together to achieve that goal." NYSCHA concurs: Congratulations, Active Minds!



Active Minds, University of Rochester Chapter

2012 NYSCHA Certificates of Recognition

Individual

- Chrissy Chase – SUNY Oswego
- Amanda Cheetham - SUNY Cortland
- Damian Moskal - Stony Brook University

Group

- Student Health Advisory Committee (SHAC) – Syracuse University
- CHOICE Peer Educators (with Student Health Advisory Committee) - Stony Brook University
- Middle Earth Peer Assistance Program – University at Albany, SUNY

